



Thank you for allowing us the opportunity to work with your child this year! We are looking forward to a great year full of gymnastic learning!

Newsletter

At each daycare, we have provided an area for parents to view our lesson plan information as well as a mailbox to drop Gymbus payments.

**Please note a change in our payment dates:
Payments are due by the term (every 7 weeks), by the session (every 14 weeks), on in one yearly payment.**

Newsletters are sent home every 3-5 weeks. Our newsletters are aimed at keeping all parents informed about the weekly Gymbus activities. Theme information is also included!

*If we do not have a current e-mail on file, please send us your address to kidsklubgymbus@yahoo.com. Over the next few weeks, our website www.kidsklubgymbus.com will also be available for viewing.

Check out what we will be doing in the upcoming weeks on the Gymbus:

August 18-22 (Monday – Friday)

Lesson focus: Floor, Bars, Low Beam

An introduction to Gymbus rules will be reviewed or taught to all. On FLOOR we will work on handstands (wallwalkers), cartwheels, and forward rolls. On BARS, we will work on swings, front supports, and forward roll dismounts. On LOW BEAM, we will work on walking forward, backward, sideways and step kicks.

August 25-29 (Monday – Friday)

Lesson Focus: Floor, Low Beam and Parallel Bars

On FLOOR, we will work on donkey kicks and handstand drills. On LOW BEAM we will work on walking forward, backward, sideways and hopping like a bunny. Gymnasts will also try to jump onto the beam using a springboard. On PARALLEL BARS, we will work on front support and straddles ons.

The Gymbus will be closed on Monday, September 1st, 2008.

September 2-6 (Tuesday – Friday)

Lesson Focus: Floor, Vault, High Beam

On FLOOR, we will work on tuck and straddle forward rolls as well as handstands using a floor bar. On VAULT we will work on knees, squat, and straddle on vaults. Oh HIGH BEAM, we will work on walking forward and on tippy toes. Dip steps will also be introduced. The BALL PIT and RINGS will also be part of the lesson plan this week.

Attached to this newsletter, you will find a curriculum sheet and a Gymbus calendar for the 2008-2009 Gymbus year. The curriculum sheet highlights the major skills we will teach on the Gymbus over the course of the year. The curriculum sheet is the same for all children in our program regardless of their age. We believe that all children come into our program with different levels of gymnastic experience. Rather than teach children skills they may already know, our curriculum allows us to continually build on past skill knowledge and constantly challenge children with new gymnastic learning. The calendar indicates dates closed as well as the beginning and ending of each of our three Gymbus sessions.

**Questions or concerns about our program?
Contact Cathy at 636-288-5555 or email: kidsklubgymbus@yahoo.com**